

## Lessons of the Peace Trail

**Be trusting.** Have faith that the trail knows where it's going--even if you don't.

**Be generous.** Travel lightly. All in life is a gift. What you don't need, give away.

**Be kind.** On the trail, even the smallest word of encouragement makes a difference.

**Be humble.** Walking on dirt is easier on the feet than walking on pavement, anyway.

**Be human.** There is no harm in getting lost--only in staying lost.

**Be a friend.** Folks on the trail impact your life, if just for a moment. All too soon they leave to follow their own path. Don't resent this. Bid them good journey. Thank them for their gift.

**Be content.** Savor the small victories now, along the way.

**Be grateful.** Even the smallest things on the trail are either a gift or lesson.

**Be flexible.** Sometimes trails just vanish. That doesn't mean you were on the wrong path--there's just a better one now.

**Be focused.** Never look back. *Sempre diretto!*

**Be courageous.** A mountain is always highest when you're climbing it.

**Be hopeful.** Tomorrow is another day awaiting with the possibility of success.

**Be happy.** Laughter and song are nature's tonic for adversity.

**Be aware.** It is the journey that ultimately matters, not the destination.

**Above all else,** love all living things on the trail. Love God, your fellow travelers, yourself.

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