



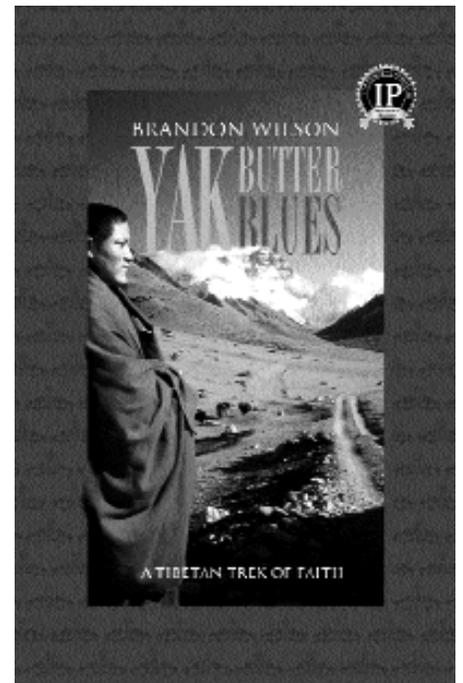
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## Praise for Brandon Wilson's *Yak Butter Blues: A Tibetan Trek of Faith*

"A wonderful and wild read. Brandon Wilson treats the distant worlds of Tibet as places that exist not only in the mathematics of geography, but also in the terra incognita of our imaginations. His writing is charged, alive, and a little threatening. **Yak Butter Blues** flickers insistently like a flashbulb afterimage in the mind long after the book is tucked away...."

~ Richard Bangs, Producer of *Richard Bangs ADVENTURES*,  
adventurer, author and co-founder of Mountain Travel/Sobek

"A soaring travel diary. It places the reader in the thick of the action every bit as well as Marco Polo transported Italians to China and, as it seems to me, better than Lowell Thomas led readers in the dust of Lawrence of Arabia...Not one reader in a million will ever make the trek, but I don't think any reader – regardless of age or physical ability – will ever read this book without dreaming of the whole trip. Travel books of the usual sort have no place on the 21st century book shelf, but you'll be glad you made room for this one." (5 shakas) ~ Joseph W. Bean, reviewer, **Maui Weekly**



"Wilson takes readers through the hardships of late-season trekking and into the homes of the Tibetan people, on whom he and his wife were dependent for basic survival...the couple engaged in a series of charades and cross-cultural bargaining that brought humor and no small amount of suspense to an otherwise difficult journey. Wilson observes the impact of the Chinese occupation on the daily lives of Tibetans, which distinguishes his book from Heinrich Harrer's classic *Seven Years in Tibet*, which took place before the invasion of China and the fleeing of the Dalai Lama. Recommended for adventure travel and Tibetan culture collections." ~ **Library Journal**

*Yak Butter Blues: A Tibetan Trek of Faith* received a 2005 Independent Publisher IPPY Award out of nearly 2,200 entries from 18 countries.  
~ BEA, New York City, 2005

"I have to admit I was skeptical when I picked this book up. But those doubts melted away like yak butter under a hot sun as I came under the spell of Brandon Wilson's lively and vivid prose. He is a fine writer—perceptive, funny, a great way with words—making the book a whopping good read." ~ Royal Robbins, legendary mountaineer

"A moving and emotional testimony, and a travelogue that is the next most vivid experience to hiking upon the trail oneself."  
~ **Midwest Book Review**

"An awesome (in that old-fashioned use of the word) tale...Brave believing people on both sides of this trek...and a tale that deserves the telling."  
~ Marilis Hornidge, **The Courier-Gazette** (Maine)

“A high-altitude tale of synchronicity, divine providence, begging monks, trigger-happy Chinese soldiers and dehydration.”  
~ Rebekah Scott, **Pittsburgh Post-Gazette**

“Travel in Tibet is rough, but attempting it Tibetan-style—and with winter approaching— amounts to sheer lunacy. Their zany adventures leap from the pages of this. Told with humor and insight, this vivid narrative allows you to vicariously experience life at true Tibetan pace, one step at a time: so close, you can almost smell the yak butter.” ~ Michael Buckley, author of *Tibet: the Bradt Travel Guide* and *Heartlands: Travels in the Tibetan World*

“A true pilgrimage, one that plumbs the heart of troubled Tibet and teaches impatient and stubborn Westerners to slow down and appreciate this amazing planet.”  
~ **Honolulu Advertiser** (Gannett)

“A remarkable account of bravery and determination. Wilson leads us through a harsh and beautiful landscape and takes us into the hearts of the people who live there. Time and again he shows us that hardships can become blessings.”  
~ Jean Aspen, author of *Arctic Daughter: a wilderness journey*

“A COMPELLING ODYSSEY” (5 out of 5 stars) “This book stimulates the reader's interest in seeing the world...one step at a time. Well done!”  
~ **BookHeadReview** from Chicago (via Amazon.com)

“The book is “edge of your seat” stuff. We walk along as the two of you venture into history as the first in one category – and as leaders in another. What a wonderful experience!” ~ John Sebastian, **WABJ Morning Show, MI**

“A 600-mile foot slog through Tibet in which you can almost smell the dust and feel the blisters. Worth a read by any adventure or travel-trekking book enthusiast.”  
~ **Backpacking Light Magazine**

“A mesmerizing read. This remarkable tale of one of the first trekkers’ survival while “traveling deliberately,” one-step-at-a-time, on an incredible odyssey across the vast and lonely country will fill readers with awe and respect.”  
~ Reiko Matsumoto, **Travel Writer Marketletter**

“Vivid and engaging.” ~ **Honolulu Star-Bulletin**

“An enthralling, remarkable trek of fortitude, substance, love and beauty.” ~ Jeri Lynn Crippen, **Lovin' Life News, AZ**

“Are you ready for a walk? Because it's doubtful after reading **Yak Butter Blues** you'll be able to sit still. Brandon and Cheryl are the ideal guides—passionate folks (not corporate-sponsored lackeys) delightedly figuring things out as they execute an improbable hike from Chinese-controlled Lhasa to Kathmandu.” ~ Dan Austin, director of *True Fans*

“Even Indiana Jones would have reconsidered the expedition, but the Wilsons drew strength from their faith in humanity and each other, as well as from countless Tibetans offering yak butter tea, rugged lodging, and meals cooked over burning yak dung. The Wilsons journey across Tibet serves as a beacon of light for a repressed people held captive within their own country.”  
~ Jeff Alt, award-winning author of *A Walk for Sunshine*

**Yak Butter Blues: A Tibetan Trek of Faith** by Brandon Wilson

280 pages, Travel Narrative/Non-Fiction, 27 duo-tone photographs & maps

Perfect paperback - ISBN: 0977053660 • \$16.95; Hardcover - ISBN: 0977053679 • \$26.95

Published by Pilgrim's Tales, P.O. Box 791613, Paia, Hawaii 96779

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*Distributed by Ingram and Baker & Taylor (US); Gardners and Bertrams (UK)*

*Available at bookstores, PilgrimsTales.com, Amazon.com, BN.com, Borders.com, Amazon (UK, Canada, France, Germany, Japan), and on other major Internet bookseller sites worldwide*